



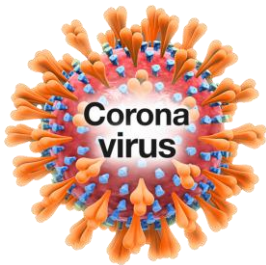
What we talked about at our
last meeting?



Hello and welcome



Zoom rules



Our meeting topic was living our lives when Covid is still here and how this affects our lives.



Peoples mental health was affected in different ways for example



Some people said they felt ok and were enjoying being able to do more things.



Some people are still not getting full support due to staff shortages. This means some people can't join in with the new freedoms, so feel isolated and left out.



Some people said it depended on where they were and if others around them were still taking steps to stay safe for example, wearing a face covering.

It can be worrying and frustrating when others around you don't do this as Covid is still here.



Some people felt worried about catching Covid now that we can do more things.

This is especially true if you have other health issues and are more at risk if you catch Covid.



People said talking to staff helped.



We also talked about how doing talking mats with staff can be a really great way to let others know how you feel.



We also talked about the Hear Me Counselling service which uses talking mats. Details of the service were passed on to those who wanted to know more.



The Assembly are holding a survey to find out what is most important to people when they want to get help from mental health services. This information will be shared with the Scottish Government.

Information about how to take part was passed on to those who wanted it.



HYS members would like to get back to meeting face to face and agreed that having a survey would help us to find out how other HYS members felt and what was important to them.



HYS said that when meeting face to face it is important to get as much notice as possible so support from staff can be planned in



Some teams are offering group support instead of some of the 1:1 support hours that people get.

People felt this was could offer a good way to spend time with others and make new friends.



Some people could not attend the group support they were offered. This was because the group support only ran on 1 day and they could not attend as they were already busy on that day each week.



Some people may not want to swap some of their 1:1 support time for group support.



When group support is offered, it is important to remember people have the choice to take part or not.



HYS would like to know more about the programme of activities at the Portobello hub and Digital Connect Project so they can get involved.



A HYS member has spoken about how disabled trolley's at the supermarket needed to be better and can make shopping stressful. The HYS member will be writing to their local supermarket to raise this complaint.



The Action Group will be having an Action Group party in the summer. HYS will hold a meeting to support people to have their say on what's important to have at the party.



We talked about the new NIN membership scheme and passed on details on how to join to those who were interested in finding out more.

TAG Talk Questions



TAG Talks is a place where staff and the people we support can talk about how we can make working together even better.

HYS members would like to raise the following questions at the next TAG talks meeting.

HYS want to know more about the group support some teams are getting.



- Why is this being offered to some teams?
- Will group support be offered to other teams ?
- Is the offer of group support here to stay?



How can TAG recognise the people they support who volunteer for example at interviews, helping in the office etc.



When we miss out on support hours why can we not get the time back or still have to pay for the missing support?



At the last TAG Talks a HYS member had asked the follow questions. These had been raised at HYS.



Can we still use staff cars ?



The answer to this question was given by

Danny Hayward – Deputy CEO



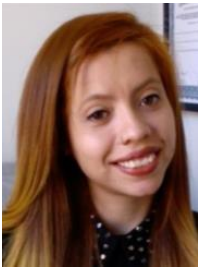
Linda Tuthill – Chief Executive at The Action Group.



An easy read has been made to help explain the answer.



How are we letting people know that we are still looking for staff.



Johanna Romero,
Communications Officer said:



A lot of money was being spent on

- Radio adverts
- Recruitment faires
- Flyers.



Linda Tuthill said



We are looking at different ways that we can help the recruitment team for example, getting more staff.



We have to take time to look at this carefully before making any decisions. This is because TAG can not afford to do everything.



When will we be having the TAG party, that Linda Tuthill talked about when Covid first started?



The answer to this question was given by

Danny Hayward



Yes there will be a party in the summer and it would be great to hear what people want to have a the party.



There will be a meeting so that the people we support can have their say on what is important.

Thank you



People felt that the meeting went well.



Thank you for coming to the meeting