

GRANTON
NEWHAVEN
LEITH

SERVICES GUIDE

FOR PARENTS AND CHILDREN

Granton & Newhaven



HELLO!

Although we are from different backgrounds and different cultures, genders and races we got together and had one purpose. We have the same goal of discovering what issues there are in the community.

Our motivation was to help people in the community to make sure they are aware of what is around them so that they can reach out if needs arise. The course is called Health Issues In the Community (or HIIC) and we wanted to do something for the community and give back to Leith.

We thought families and indeed anyone needed information about services. Often people are not aware of the services out there that could help them. The idea of the map came about as way to help people who felt overwhelmed. We wanted to create something to show what was available to help them. Our map can be a guide for this.

This map does not have an end point. It will be online and organisations or community members can add to it.

The message of our project is, **You are not alone.**

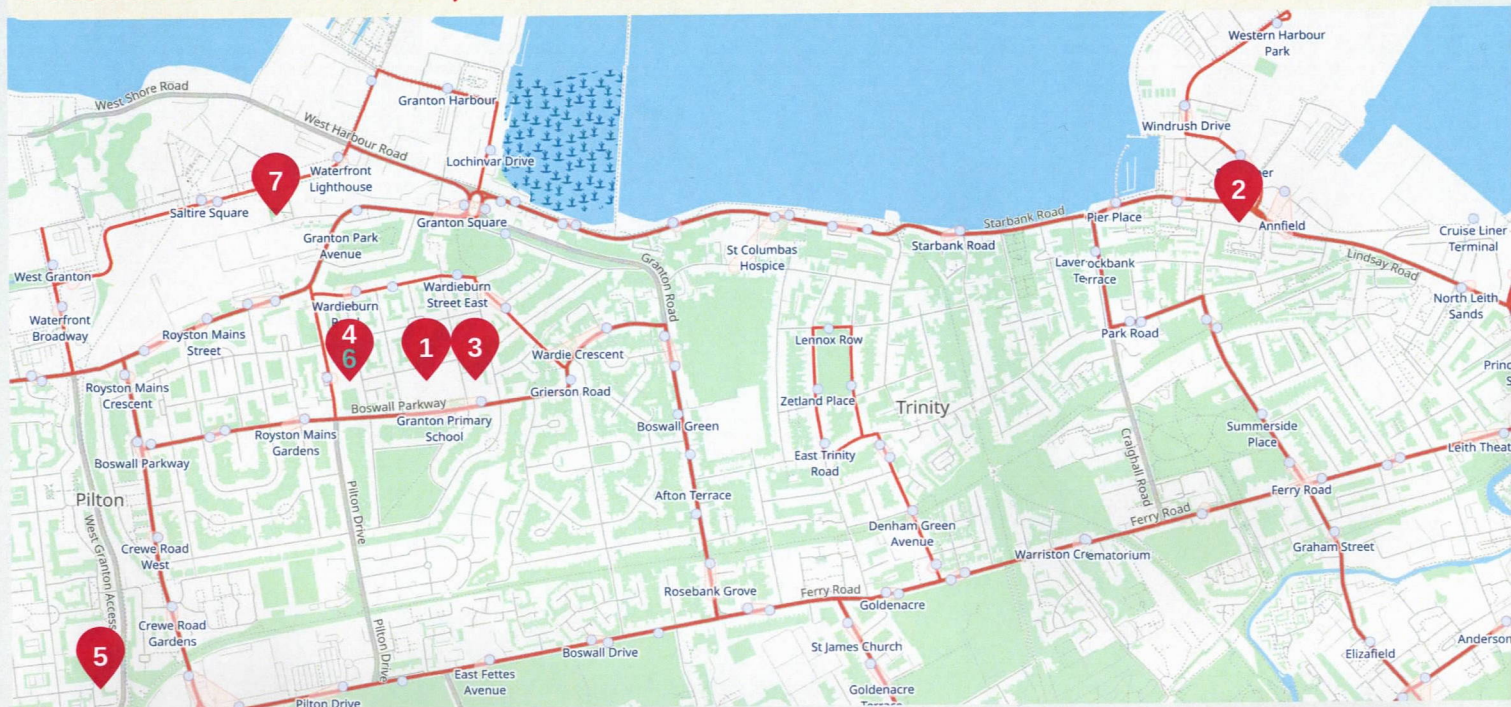
An online version of the map can be found at: www.ymcaedinburgh.com

The HIIC course and this map was made possible by funding from the Edinburgh PACT 'Capacity to Collaborate' fund which is part of the Edinburgh Health and Social Care Partnership.



GRANTON AND NEWHAVEN

FAMILY SUPPORT, COMMUNITY CENTRES AND LIBRARIES



1 Granton Library

Library, activities for children and adults.

29 Wardieburn Terrace EH5 1DD

www.facebook.com/GrantonLibrary

granton.library@edinburgh.gov.uk 0131 529 5630

2 The Heart of Newhaven

Activities for children and adults.

4-6 Main Street, Newhaven EH6 4HY

www.heartofnewhaven.co.uk

admin@heartofnewhaven.co.uk 0131 380 3504

3 Granton Goes Greener

Activities for adults.

55 Boswall Pkwy EH5 2DA

grantongoesgreener.org.uk

4 Royston Wardieburn Community Centre

Activities for children and adults.

11 Pilton Drive North EH5 1NF

roystonwardieburn.wordpress.com

cld-roystonwardieburn@ea.edin.sch.uk 0131 529 5630

5 North Edinburgh Childcare

Support with childcare.

18b Ferry Road Avenue, EH4 4BL

www.northedinburghchildcare.co.uk

info@northedinburghchildcare.co.uk

0131 332 8001

6 Granton Youth

Support for young people and their families.

11 Pilton Drive North EH5 1NF

www.grantonyouth.com

mary@grantonyouth.com

0131 552 6741

7 Granton Hub

Support for young people and their families.

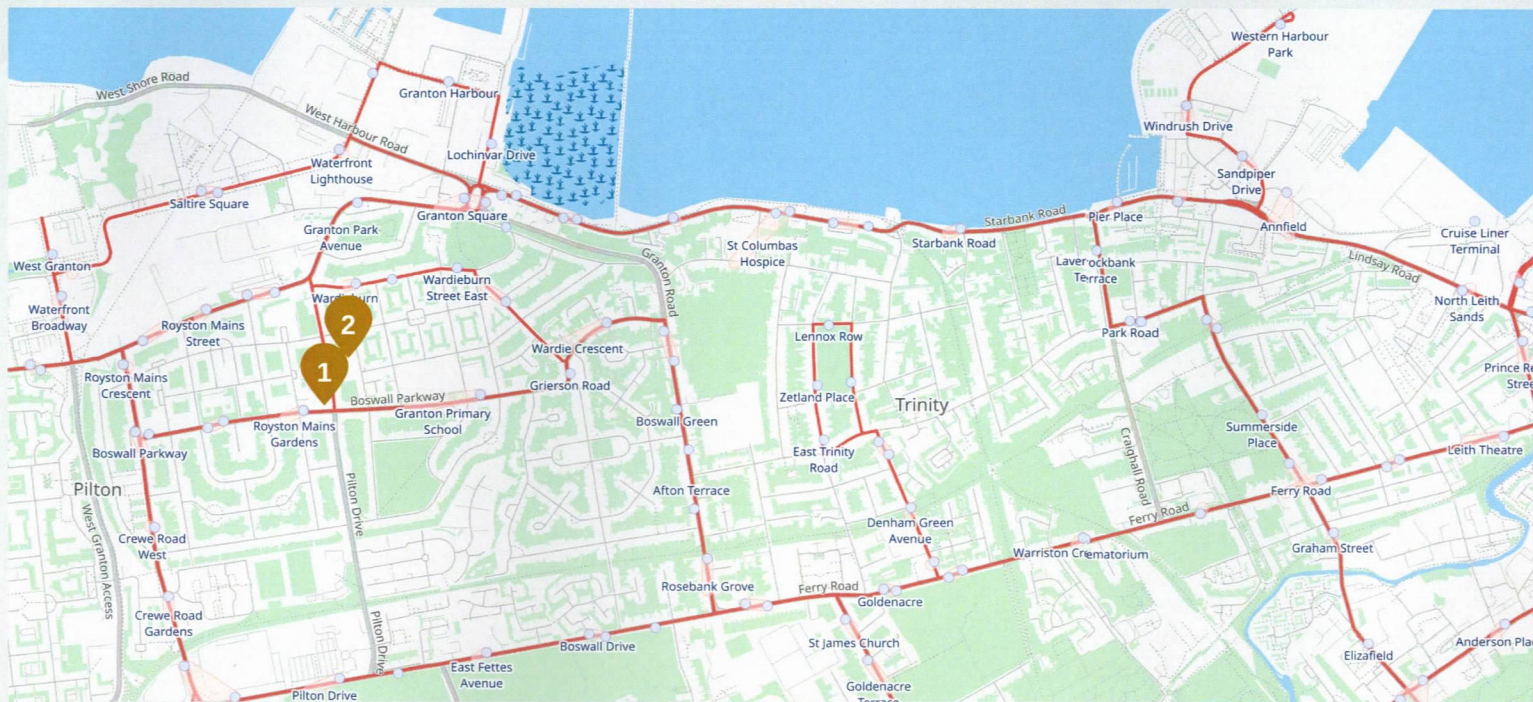
Madelvic House, Granton Park Avenue, EH5 1HS

www.grantonhub.org

community@grantonhub.org

GRANTON AND NEWHAVEN

MENTAL HEALTH AND WELLBEING



1 Pilton Community Health Project

Range of groups and activities to improve health and wellbeing.

73 Boswall Parkway EH5 2PW

pchp.org.uk

admin@pchp.org.uk

2 Granton Youth

Support for young people and their families, including counselling.

11 Pilton Drive North EH5 1NF

www.grantonyouth.com

mary@grantonyouth.com

0131 552 6741

ADVICE, EMPLOYMENT AND COMMUNITY SUPPORT



1 Granton Information Centre

Free, impartial & confidential expert advice, information & representation.

134 – 138 West Granton Road, EH5 1PE

www.gic.org.uk

info@gic.org.uk

0131 551 2459

2 Fresh Start

Range of services offering practical and social support.

22-24 Ferry Rd Dr, EH4 4BR

www.freshstartweb.org.uk

0131 476 7741

3 Pilton Community Health Project

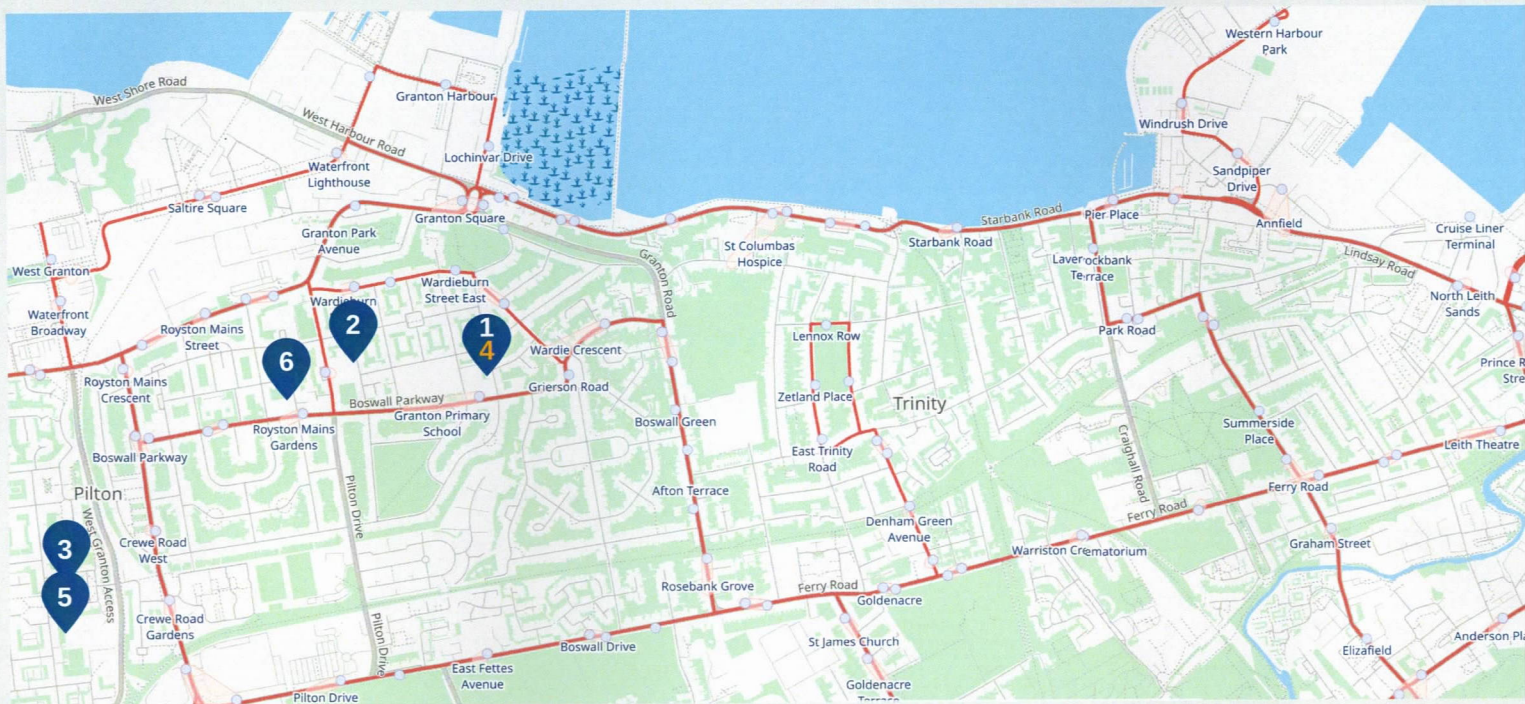
Range of groups projects focused on community support.

73 Boswall Parkway EH5 2PW

pchp.org.uk

admin@pchp.org.uk

FOOD AND CLOTHES



1 Share 'n' Wear

Clothes bank and free bread.

55 Boswall Pkwy EH5 2DA

grantongoesgreener.org.uk

anna@grantongoesgreener.org.uk

[07965941177](tel:07965941177)

2 Granton Community Gardeners

Local people growing, cooking and eating food together.

10 Wardieburn Road, EH5 1LY

www.grantoncommunitygardeners.org

3 Pilton Community Garden

Community garden.

West Pilton Brae, EH44 4DG

www.facebook.com/PiltonCommunityGardeners/

piltoncommunitygardeners@gmail.com

4 Granton Parish Church

Community meals.

55 Boswall Pkwy EH5 2DA

www.grantonchurch.org.uk

info@granton.org.uk

0131 630 0006

5 Fresh Start Pantry

Pantry shop.

22-24 Ferry Rd Dr, EH4 4BR

www.yourlocalpantry.co.uk/pantry-listings/edinburgh-fresh-start-pantry/

pantry@freshstartweb.org.uk

6 Pilton Foodbank

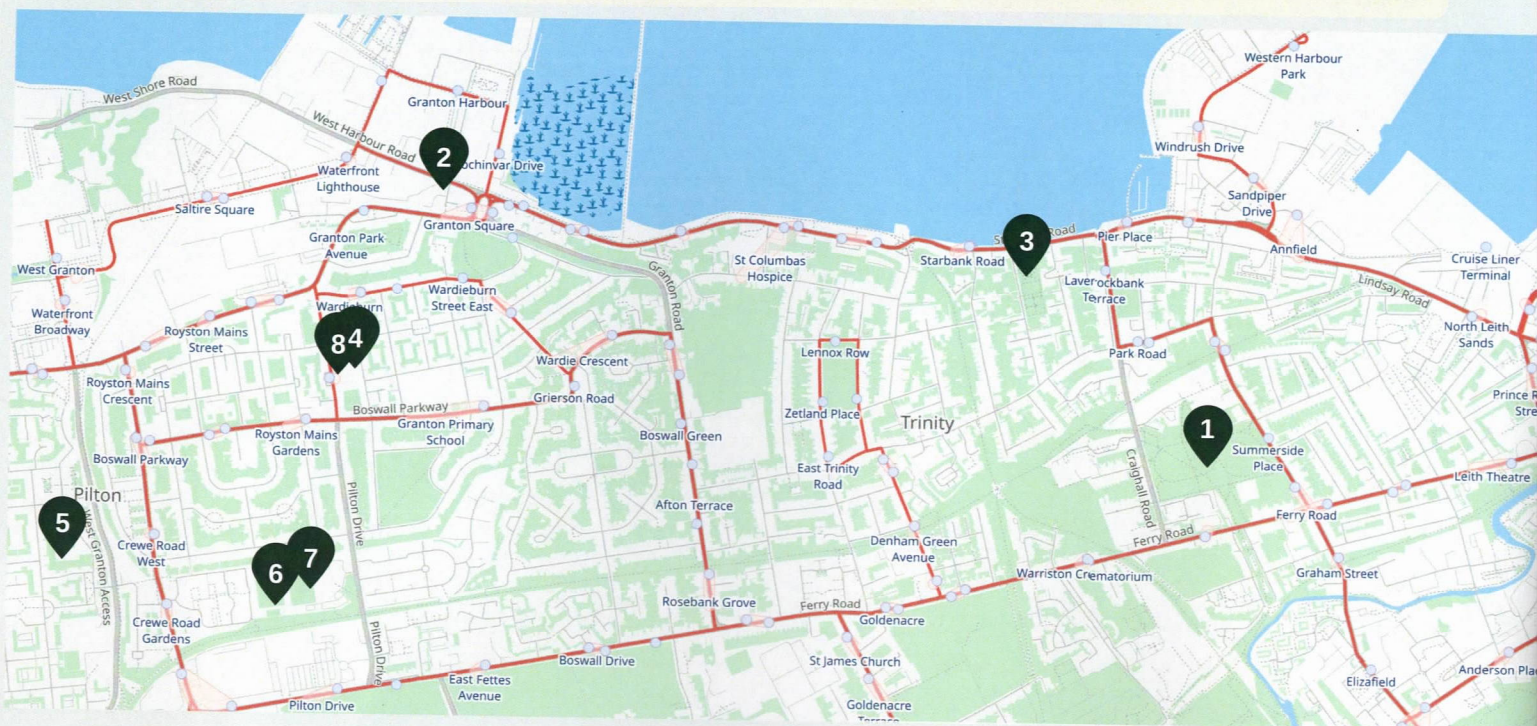
87 Boswall Parkway, EH5 2JQ

info@edinburghfoodproject.org

0131 444 0030

GRANTON AND NEWHAVEN

GREEN SPACES, PLAYGROUNDS AND SPORTS FACILITIES



1 Victoria Park

Park with a playground
141 Newhaven Road EH6 4QR

2 Edinburgh Boxing Academy

Boxing classes for children and adults.
13 West Harbour Road EH5 1PN
www.facebook.com/theedinburghboxingacademy
info@theedinburghboxingacademy.co.uk
0131 551 5454

3 Starbank Park

Scenic park with seaview.
Starbank Road EH5 3BZ

4 Granton Community Gardeners

Local community garden.
10 Wardieburn Road, EH5 1LY
www.grantoncommunitygardeners.org

5 Pilton Community Garden

Community garden.
West Pilton Brae, EH44 4DG
www.facebook.com/PiltonCommunityGardeners/
piltoncommunitygardeners@gmail.com

6 Spartans Community Football Academy

Activities and development. For all.
94 Pilton Dr, EH5 2HF
www.spartanscfa.com
info@spartanscfa.com 0131 552 7854

7 Ainslie Park Leisure Centre

Sport facilities, classes, swimming pool.
92 Pilton Dr, EH5 2HF
www.edinburghleisure.co.uk/venues/ainslie-park-leisure-centre
info.aplc@edinburghleisure.co.uk

8 Royston Wardieburn Community Centre

Activity rooms and sport facilities.
11 Pilton Drive North EH5 1NF
roystonwardieburn.wordpress.com
cld-roystonwardieburn@ea.edin.sch.uk
0131 529 5630

ONLINE RESOURCES

Wee Seeds Mindfulness for children and young people.

www.weeseeds.co.uk

Better Help Online counselling support suitable for young people and parents.

www.betterhelp.com

NHS Better Help Useful information page with lots of links to access support.

www.nhs.uk/every-mind-matters/

NSPCC A great resource for mental health development in children.
learning.nspcc.org.uk/child-health-development/child-mental-health

Place 2 Be Resources for parents, teachers and carers to support children.

www.place2be.org.uk/our-services/parents-and-carers/supporting-your-child-s-mental-health

Young Minds Information page with lots of links to mental health support.

<https://www.youngminds.org.uk/>

Mental Health Foundation

www.mentalhealth.org.uk/explore-mental-health/a-z-topics/children-and-young-people

Children 1st

www.children1st.org.uk/help-for-families/parentline-scotland/guidance-advice/helping-your-child-with-mental-health-issues/

Twinkl

www.twinkl.co.uk/blog/10-of-the-best-strategies-to-support-childrens-mental-health

Mind

www.mind.org.uk

Maps Source: www.OpenStreetMap.org